



Essential Everyday



















Brunswick Sardines

In Soybean Oil 3.75 oz





Essential Everyday Croutons All Varieties 5 oz





Del Monte Fruit Cups

All Varieties 2 Pack • 14-16 oz



Kellogg's **Special K Cereal**











Thomas' Bagels

Plain, Cinnamon, Everything, 100% Whole Wheat or



Oreo

All Varieties • 8.5-15.35 oz Excludes Family Size



All Varieties • 6-6.4 oz Excludes Family Size **Teddy Grahams**





Perrier Sparkling Water

All Varieties 6 Pack • 16.9 oz Bottles or 10 Pack 8.45 oz Cans



Coca-Cola, Sprite, Fanta, Seagram's, Dr. Pepper, Fuze, Mello Yello or Coca-Cola, Minute Maid Sprite, Fanta or Seagram's 12 Pack 12 oz Cans



Pepsi, Schweppes, Crush, Mountain Dew, Mist Twist, Brisk or **Country Time Lemonade**



Doritos All Varieties 6-11.25 oz Doritos

If it's GOVA ... it has to be good!

Goya Rice

White, Parboiled or Brown • 5 lb



Goya Beans

Black, Roman, Red, Pinto, Pink, Butter, Chick or Blackeye Peas 29 oz

Goya Coconut Milk Regular or Light

13.5 oz



Goya **Coconut Water** All Varieties

17.6 oz



Goya Malta

12 oz Bottles



Boar's Head

Boar's Head® Genoa or Hard Salami





Boar's Head® Jalapeño Pepper Jack Cheese



Boar's Head Bold® Salsalito Turkey Breast



Boar's Head® **Provolone** Cheese



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Dannon Greek Yogurt

Oikos or Light & Fit 5.3 oz OIKOS a2 Milk Whole or 2% 59 oz

Fairlife Creamers REAL DATRY All Varieties fairlife 16 oz fairlife

Essential Everyday Vegetables

Peas & Carrots, Mixed Vegetables, Mixed Stew Vegetables, Crinkle Cut Carrots, Cut or French Style Green Beans, Whole Green Peas, Whole Kernel Corn, Cut Broccoli 16 oz or Steamable Green Peas, Green Beans, Whole Kernel Corn, Mixed Vegetables 12 oz



Essential Everyday Fruit

Whole Strawberries, Mangoes, Pineapple or Sliced Peaches 16 oz

FROZEN SAVINGS



Nature's Yoke **Omega 3 Free Range** Large Brown Eggs

Borden American Cheese Singles

All Varieties 12 oz



Essential Everyday Garlic Bread

16 oz, Texas Toast 11.25 oz or Breadsticks 10.5 oz



Pillsbury Togster Strudel

All Varieties 11.7 oz



All Varieties

1 Dozen



Swiss Miss Puddina

All Varieties 6 Pack • 24 oz



Farm Rich Häagen-Dazs FarmRich **Appetizers** Ice Cream All Varieties All Varieties

28 oz FarmRich

URKEY BREA

Toufavan

Bagels

All Varieties

6 ct • 20 oz



PACKAGED W MEATS

Stahl-Meyer Franks

Chicken, Turkey or Hot Dog



John Soules Foods Meats

All Varieties



Oscar Mayer Turkey Franks

8 ct or 10 ct 16 oz

Deli Hormel 1891 Maple Turkey **Breast** 1891

15-26 oz

Homestyle Deluxe **Chicken Salad**

Brill Sliced Loaf Cakes All Varieties

Lofthouse Frosted

Sugar Cookies Blue, Pink or Yellow

Essential Everyday Sliced Deli Meats



Johnsonville Italian Sausage

or Brats 19 oz

Essential Everyday Smoked Sausage or Polska Kielbasa



Sheila G's **Brownie Brittle All Varieties**











Springer Mountain All Natural Chicken **Drumsticks** or Thighs



Imported Bartlett Pears or Washington State Aniou or **Bosc Pears**



Imported Seedless **Cucumbers**



Apples

Washington State

Red Delicious



Earthbound Farms Organic Salad Mixes







Great American Seafood Extra Large Raw White Shrimp 26/30 ct • EZ Peel 1 Lb



Cooked **Shrimp Meat**



Great American Seafood Wild Caught Flounder Fillets



Imitation Crab Flakes



175-35 Hillside Ave. Jamaica, NY 11432 718-523-1770

89-30 Sutphin Blvd. Jamaica, NY 11435 718-523-8200

142-36 Foch Blvd. Jamaica, NY 11436 718-529-8040

148-40 Hillside Ave. Jamaica, NY 11435 718-297-5700

169-85 137th Ave. Inside Rochdale Village Shopping Center Jamaica, NY 11434 718-276-4100

> 99-30 Corona Ave. **Corong. NY 11368** 718-271-5854

108-02 Otis Ave. **Corona**, NY 11368 718-271-8600

1871 Rockaway Parkway Brooklyn, NY 11236 718-531-0205

720 Washington Ave. Brooklyn, NY 11238 718-638-7500

1967 Flatbush Ave. Brooklyn, NY 11234 718-377-4302

840 East New York Ave. Brooklyn, NY 11203 718-221-0113

710 Coney Island Ave. Brooklyn, NY 11218 718-284-4424

1635 Lexington Ave. New York, NY 10029 212-410-6733

735 Prospect Ave. Westbury, NY 11590 516-500-9828

918 South Main Street Farmingdale, NY 11735 516-694-6567

500 Route 112 Between 103rd & 104th Street Port Jefferson Station, NY 11776 631-509-1929

230 South Broadway Yonkers, NY 10705 914-375-0031

779 Yonkers Ave. Yonkers, NY 10710 914-965-6717



332 S. Frontage Rd. New London, CT 06320 860-437-7100