

November Sale Dates 2019

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SENIOR CITIZEN DISCOUNT EVERY WEDNESDAY EXCLUDING SALE ITEMS

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Farm Fresh
Chicken Drumsticks

77¢
Lb

Fresh Boneless
Center Cut
Thick Cut Pork Chops or Roast

\$1.99
Lb

Fresh Beef
Shoulder London Broil or Roast

\$2.99
Lb

Great American Seafood
Tilapia Fillets

1 Lb Bag
\$3.77
Ea

Season's Greetings

USA
Tote Apples
Red Delicious, Ginger Gold, Gala or McIntosh
79¢
Lb

Imported
Mangoes
5 For \$5

California Large
Navel Oranges
5 For \$5

USA
Fancy Eggplant
99¢
Lb

USA
Green Cabbage
47¢
Lb

Imported
Sweet Onions
79¢
Lb

Boar's Head

<p>Boar's Head® Deluxe® Branded Ham</p> <p>\$7.99 Lb</p>	<p>Boar's Head® Lower Sodium Turkey Breast</p> <p>\$7.99 Lb</p>	<p>Boar's Head® Muenster Cheese</p> <p>\$5.99 Lb</p>	<p>Boar's Head® Mozzarella Cheese</p> <p>\$5.99 Lb</p>
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<p>Florida's Natural Orange Juice or Grapefruit Juice</p> <p>All Varieties 52 oz</p> <p>\$2.99</p>	<p>Minute Maid Punches</p> <p>All Varieties 64 oz</p> <p>3 For \$5</p>	<p>Entenmann's Full Line</p> <p>8-26.5 oz</p> <p>3 For \$10</p>	<p>Oreo Cookies</p> <p>All Varieties 10, 11-15.35 oz</p> <p>2 For \$5</p>
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<p>Fage Greek Yogurt</p> <p>All Varieties 5, 3-7 oz</p> <p>5 For \$5</p>	<p>Essential Everyday Shredded or Bar Cheese</p> <p>Selected Varieties 7-8 oz</p> <p>2 For \$4</p>	<p>Pillsbury Flour Regular, Unbleached or Bread • 5 lb</p> <p>2 For \$4</p>	<p>Domino Granulated Sugar</p> <p>10 lb</p> <p>\$5.99</p>
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<p>Friendly's Ice Cream</p> <p>All Varieties • 48 oz or Novelties All Varieties 16.5-24 oz</p> <p>\$2.99</p>	<p>Essential Everyday Fries</p> <p>Steak, Crinkle or Regular Cut 28-32 oz</p> <p>2 For \$5</p>	<p>Post Honey Bunches of Oats</p> <p>All Varieties 13-14.5 oz</p> <p>2 For \$5</p>	<p>Quaker Oats Old Fashioned or Quick 42 oz</p> <p>\$2.99</p>
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<p>Martin's Swirl Potato Breads</p> <p>All Varieties 16 oz</p> <p>\$1.99</p>	<p>Premium Crackers</p> <p>All Varieties 6, 11-16 oz</p> <p>\$1.99</p>	<p>Essential Everyday Water</p> <p>24 Pack • 16.9 oz</p> <p>\$2.99</p>	<p>Essential Everyday Evaporated Milk</p> <p>Regular or Skim 12 oz</p> <p>88¢</p>
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<p>Filippo Berio Olive Oil Extra Virgin or Pure 101 oz</p>  <p>\$19.99</p>	<p>Crisco Oil Canola or Vegetable 128 oz</p> <p>WITH AN ADDITIONAL \$40 PURCHASE LIMIT 1 OFFER PER CUSTOMER Additional Quantities Scan at \$8.99</p>  <p>\$5.99</p>	<p>Rico Rice White or Parboiled 20 lb</p>  <p>\$8.99</p>	<p>Kraft Macaroni & Cheese Original Blue Box • 7.25 oz or Mac & Cheese Cups All Varieties • 1.9-2.39 oz</p> <p>Mix or Match!</p>  <p>4 For \$5</p>
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<p>Prince Pasta All Varieties • 16 oz Excludes Lasagna or Jumbo Shells</p>  <p>Mix or Match 5 For \$5</p>	<p>Hunt's Pasta Sauce, Tomatoes or Tomato Sauce All Varieties 14.5-24 oz</p> 	<p>Bumble Bee Solid White Tuna In Water or Oil 5 oz</p>  <p>3 For \$5</p>	<p>Swanson Broth or Stock All Varieties 32 oz</p>  <p>\$1.99</p>
<p>Progresso Bread Crumbs All Varieties 15 oz</p> 	<p>Kraft Salad Dressing All Varieties 8 oz</p> 	<p>Campbell's Condensed Soup All Varieties • 10.5-11 oz Excludes Chicken Noodle and Tomato Soup</p>  <p>4 For \$5</p>	<p>Nissin Chow Mein, Cup Noodle, Spicy Noodle or Souper Meals All Varieties 2.58-4.3 oz</p>  <p>5 For \$4</p>

<p>Carnation Coffee-mate Regular 22 oz or Flavored Creamers 10.2-15 oz</p>  <p>\$3.99</p>	<p>Maxwell House Coffee All Varieties • 24.5-30.6 oz or KCups 3.7-4.76 oz</p>  <p>\$6.99</p>	<p>Domino Confectioners or Brown Sugar 1 lb</p>  <p>5 For \$5</p>	<p>Jell-O Gelatin or Pudding All Varieties .6-6 oz</p>  <p>5 For \$5</p>
<p>Mott's Applesauce All Varieties 48 oz</p>  <p>2 For \$5</p>	<p>Old Orchard Apple Juice 64 oz</p>  <p>\$1.99</p>	<p>Skippy Peanut Butter All Varieties 26.5-28 oz</p>  <p>\$3.99</p>	<p>Smucker's Jelly or Jam Squeeze Grape or Strawberry Jelly 20 oz or Natural Strawberry Spread 19 oz</p>  <p>2 For \$5</p>

<p>Quaker Chewy Granola Bars All Varieties 6.3-7.4 oz</p>  <p>2 For \$5</p>	<p>Kellogg's Cereal Frosted Flakes 13.5-13.7 oz, Bite Size Mini Wheats 14.3-18 oz, Raisin Bran 14-16.6 oz</p>  <p>\$2.99</p>	<p>Chef Boyardee Canned Pasta All Varieties • 14.5-15 oz or Cups 7.25-7.5 oz</p>  <p>5 For \$5</p>	<p>Hunt's Snack Pack Pudding All Varieties • 13 oz</p>  <p>99¢</p>
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<p>Wild Harvest Organic Coconut Oil 14 fl oz</p>  <p>\$3.59</p>	<p>Wild Harvest Organic Peanut Butter All Varieties 16 oz</p>  <p>\$4.59</p>	<p>Wild Harvest Organic Sugar Cane 24 oz</p>  <p>\$3.29</p>	<p>Wild Harvest Organic Raisins 12 oz</p>  <p>\$2.99</p>
<p>Wild Harvest Organic Croutons Seasoned or Caesar 4.5 oz</p>  <p>\$1.59</p>	<p>Bonne Maman Fruit Spread All Varieties • 13 oz</p>  <p>\$3.99</p>	<p>Kitchen Basics Stock All Varieties 32 oz</p>  <p>\$2.99</p>	<p>Honest Kids Organic Juice All Varieties 8 Pack • 54 oz</p>  <p>\$3.99</p>

healthy choices

DAIRY SAVINGS			
<p>Galbani Mozzarella Ricotta Whole Milk or Part Skim 16 oz or Classic, Whole or Part Skim 28-32 oz</p>  <p>\$3.99</p>	<p>Tropicana Lemonade All Varieties 52 oz</p>  <p>2 For \$5</p>	<p>Lipton Pure Leaf Tea All Varieties 59 oz</p>  <p>2 For \$4</p>	<p>Tropicana Probiotic Juice All Varieties 32 oz</p>  <p>\$3.49</p>
<p>Ideal Free Range Eggs Large Brown • 1 Dozen</p>  <p>\$2.99</p>	<p>Breakstone's Cottage Cheese Doubles All Varieties 4.7 oz</p>  <p>4 For \$5</p>	<p>Chobani Drinkable Greek Yogurt All Varieties • 7 oz</p>  <p>3 For \$4</p>	<p>Dannon Yogurt All Varieties • 5.29-6 oz Excluding Greek</p>  <p>4 For \$3</p>
<p>Coffee-mate Creamers All Varieties 16 oz</p>  <p>\$2.49</p>	<p>Fairlife Milk All Varieties 52 oz</p>  <p>\$3.99</p>	<p>Blue Bonnet Margarine 16 oz Quarters</p>  <p>99¢</p>	

ESSENTIAL INGREDIENTS FOR YOUR EVERYDAY			
<p>Essential Everyday American Cheese Singles White or Yellow 16 ct • 12 oz</p>  <p>\$1.99</p>	<p>Essential Everyday Cream Cheese Original or Neufchatel • 8 oz Bars</p>  <p>3 For \$5</p>	<p>Essential Everyday Half & Half Regular or Fat Free • 32 oz</p>  <p>\$1.99</p>	<p>Essential Everyday Country Style Spread 45 oz</p>  <p>\$2.49</p>

HOUSEHOLD, HEALTH & BEAUTY			
<p>Tide 2X Detergent All Varieties 92-100 oz or Pods 42 ct</p>  <p>\$11.99</p>	<p>Downy Fabric Softener April Fresh 77 oz</p>  <p>\$6.99</p>	<p>Bounce Softener Sheets All Varieties 70-80 ct</p>  <p>\$3.99</p>	<p>Cottonelle Bath Tissue 18 Pack or Viva Paper Towels 8 Giant Rolls</p>  <p>\$11.99</p>
<p>Bounty Napkins 400 ct</p>  <p>\$3.99</p>	<p>Solo Plates, Cups or Bowls Plates 15-48 ct, Cups 24-150 ct or Bowls 22 ct</p>  <p>2 For \$5</p>	<p>Dawn Dish Detergent Original or Apple 28 oz</p>  <p>\$3.99</p>	
<p>Beneful Dog Food All Varieties 10 oz</p>  <p>6 For \$10</p>	<p>Arm & Hammer Scoop Litter All Varieties • 20 lb</p>  <p>\$7.99</p>	<p>Fancy Feast Cat Food All Varieties 3 oz</p>  <p>10 For \$7</p>	
<p>Chap Stick Single Stick Lip Care All Varieties .15-.2 oz</p>  <p>2 For \$3</p>	<p>Dial Basics Soap All Varieties 3 Bars 9.6 oz or Liquid 7.5 oz</p>  <p>5 For \$5</p>	<p>Pantene Shampoo or Conditioner All Varieties 12-12.6 oz</p>  <p>\$3.99</p>	<p>Colgate Toothpaste or Toothbrush Total All Varieties 5.1 oz, Optic White Toothpaste 3.5 oz or 360 Optic White Toothbrush 1 ct</p>  <p>\$3.99</p>

Keekler Town House Crackers All Varieties 9-13.8 oz 	Ideal Split Top Wheat Bread 20 oz 	Lay's Potato Chips All Varieties 5-8 oz 	Pepsi, Schweppes, Mountain Dew, Mist Twist, Crush, Brisk or Hawaiian Punch 2 Liter
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Kellogg's Fruit Flavored Snacks All Varieties 10 ct • 8 oz 	Kellogg's Rice Krispies Treats All Varieties 8 ct • 5.64-6.2 oz 	Planters Peanuts All Varieties 16-20 oz 	Act II Microwave Popcorn All Varieties 3 ct • 8.25 oz
Cheez-It Crackers All Varieties 8-12.4 oz 	Hershey's Theater Box Candy All Varieties 4-6 oz 	Arnold Bread Stoneground 100% Whole Wheat 16 oz or Brick Oven White 20 oz 	Pepperidge Farm Milano Cookies All Varieties 5-7.5 oz

Nabisco Single Serve Tray Packs All Varieties 12-18 ct • 8.76-28.8 oz 	Cheetos All Varieties 7-10 oz 	Snapple 6 Pack • 16 oz or Straight Up Tea 6 Pack • 16 oz Bottles 	Canada Dry, 7-Up Sunkist, Squirt, A&W or Dr. Browns 2 Liter
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Pepsi, Schweppes or Crush Bubbly 6 Pack • 7.5 oz Mini Cans or 8 Pack • 12 oz Cans 	Schweppes Seltzer All Varieties 12 Pack • 12 oz 	HOLIDAY SPIRITS	
Coca-Cola, Sprite, Seagram's or Fanta 10 Pack Cans 7.5 oz or Coca-Cola or Sprite 8 Pack 12 oz Bottles 	Coca-Cola or Sprite Vitamin Water All Varieties • 20 oz 	Beck's or Presidente 12 Pack 12 oz Bottles 	Coors Light 12 Pack • 12 oz Cans
Red Stripe 6 Pack • 12 oz Bottles 	Angry Orchard 6 Pack • 12 oz Bottles 		

Foods From Around the World					
Café Bustelo Espresso 6 oz Brick 	Iberia Jasmine Rice 5 lb 	Iberia Sardines Tomato or Hot Sauce 5.5 oz 	Iberia Green Pigeon Peas 15 oz 	La Fe Casabe 7 oz 	
Vitaroz Malta 12 oz 	Jamaican Choice Crackers All Varieties 10.6 oz 	Iberia Coconut Water 16.9 oz 	Caribbean Rhythm Butter Beans 14.1 oz 	Caribbean Rhythm Coconut Milk 13.5 oz 	

FROZEN SAVINGS			
Essential Everyday Vegetables Peas & Carrots, Mixed Veg, Mixed Stew Veg, Crinkle Cut Carrot, Cut Green Beans, French Style Green Beans, Whole Green Peas, Whole Kernel Corn, Green Peas Steamable, Green Beans Steamable, Corn Whole Steamable, Mixed Veg Steamable • 12-16 oz 	Bagel Bites All Varieties 9 ct • 7 oz 	Banquet Pot Pies All Varieties 7 oz 	Farm Rich French Toast Sticks Original or Cinnamon 12 oz
Celeste Pizza For One All Varieties 4.4-5.9 oz 	Pepperidge Farm Garlic Bread 10 oz or Texas Toast 9.5-11.75 oz 	Gorton's Fish Fillets, Sticks or Shrimp All Varieties 18.2-24.5 oz 	Weight Watchers Smart Ones Entrees All Varieties 4.4-10.5 oz
Dole Fruit Whole Strawberries 16 oz, Sliced Peaches 16 oz, Blueberries 12 oz, Dk Sweet Cherries 12 oz, Sliced Strawberries 14 oz 	Ben & Jerry's Ice Cream All Varieties 16 oz 	Häagen-Dazs Ice Cream All Varieties 28 oz 	Nestle Drumsticks 8 ct, Lil' Drums 12 ct or Mini Drums 20 ct

PACKAGED MEATS			
Armour Frozen Meatballs Original or Italian 14 oz 	Al Fresco Chicken Sausage or Meatballs All Varieties 11-12 oz 	Oscar Mayer Basic Lunchables All Varieties 3.1-4.4 oz 	Hillshire Farm Smoked Sausage Links or Ropes All Varieties 12-14 oz
Oscar Mayer Turkey Franks 8 ct or 10 ct 16 oz 	Golden Krust Beef Patties Mild Beef or Beefy Cheese 2 Pack • 10 oz 	Buddig Sliced Lunch Meat All Varieties 7.9 oz Tub 	Sabrett Beef Franks All Varieties 12-14 oz
Johnsonville Breakfast Sausage Original or Vermont 9.6-12 oz 	Johnsonville Bratwurst or Italian Sausage 19 oz 	Kunzler Chicken Franks 16 oz 	

Essential EVERYDAY

Essential Ingredients for Your Everyday

Essential Everyday Oil
 Corn, Vegetable, Canola or Blended 48 oz

2 For \$5

Essential Everyday Parmesan Cheese
 8 oz

2 For \$5

Essential Everyday Pancake Mix
 All Varieties 32 oz

Essential Everyday Pancake Syrup
 All Varieties • 24 oz
2 For \$3

\$1.99

Essential Everyday Waffles
 All Varieties 10 ct • 12.3 oz

2 For \$3

Essential Everyday Sliced Cheese
 All Varieties 8 oz

2 For \$5

Essential Everyday Rolls
 Crescent 8 ct • 8 oz or Cinnamon 8 ct • 12.4 oz

2 For \$3

Essential Everyday Whipped Topping
 6.5 oz

\$1.79

Essential
EVERYDAY

Essential Ingredients
for Your Everyday

Essential Everyday
Bacon

Hardwood or Thick Cut
16 oz



\$4.99

Essential Everyday
Frozen Chicken

All Varieties • 24-28 oz



\$3.99

Essential Everyday
Smoked Sausage

All Varieties • 14 oz



2 For \$5

Essential Everyday
Premium Deli
Meat Tub

All Varieties • 7-9 oz
Excludes Roast Beef
and Hard Salami



2 For \$5

Essential Everyday
Potato Chips

Regular, Kettle or
Tortilla Chips
8-12 oz



3 For \$5

Essential Everyday
Vanilla Wafers

11 oz



2 For \$3

Essential Everyday
Marshmallows

All Varieties
10-10.5 oz



99¢

FRESH FROM THE BUTCHER!



Beef
Short Ribs

\$5.99
Lb



Premio
Chicken
Sausage
Sweet or Hot
14 oz

\$3.99
Ea



Fresh
Mutton
Meat
For Stew

\$3.99
Lb



Beef
Top Blade
Steak

\$5.99
Lb



Fresh Beef
Shoulder
for Stew

\$4.99
Lb



Fresh Boneless
Thin Sliced
Center Cut
Pork Chops

\$2.99
Lb



Fresh Beef
Flanken
Ribs

\$6.99
Lb



\$1.49
Lb
Turkey Wings
or Drumsticks
Previously Frozen



\$3.99
Ea
Palenque
Chorizos
All Varieties • 14 oz



\$4.99
Ea
Carando Abruzzese
Italian Meatballs
16 oz



\$1.49
Lb
All Natural
Chicken Drums
or Thighs



SEAFOOD
Great American Seafood
Medium Raw
White Shrimp
51/60 ct • 1 lb Bag
EZ Peel

\$5.99
Ea



Great American Seafood
Medium
Cooked Shrimp
51/60 ct • 1 lb Bag

\$7.99
Ea



Great American Seafood
Wild Caught
Pacific Cod Fillets
1 lb

\$4.99
Ea



Corona Dominicana
Salted
Pollock Fillets
10 oz

\$2.69
Ea



Fresh Atlantic
Salmon Fillets
Farm Raised

\$9.99
Lb



Imitation
Crab Meat
Bulk

\$2.49
Lb



King Fish
Steaks
Previously Frozen

\$5.99
Lb



Eastern
Gala Apples
3 lb Bag

\$2.99
Ea



California
Raspberries,
Blueberries or
Blackberries
6 oz

\$2.99
Ea



California
Choice
Lemons

3 For \$2



ORGANIC
Ecuador Organic
Bananas

79¢
Lb



USA
Slicing
Tomatoes

\$1.59
Lb



USA
Zucchini or
Yellow Squash

\$1.49
Lb



USA
Idaho Russet
Baking Potatoes
Loose

89¢
Lb



Wild Harvest Organic
Whole Carrots
2 lb Bag

\$1.69
Ea



California
Grapefruit

3 For \$3



California
Kiwi

3 For \$2



Fresh Express
Salad Blends
All Varieties
6-11 oz
Green Bag

2 For \$5



USA Organic
Grape
Tomatoes
1 Pint

\$2.99
Ea



Kevita
Kombucha
Drinks
All Varieties
15.2 oz

2 For \$5



Bolthouse Farms
Fresh Juice
All Varieties • 15.2 oz
Excludes Protein

2 For \$5



The Little Potato Company
Potatoes
Dynamic Duo or
Terrific Trio • 24 oz

\$2.49
Ea



Earthbound Farm Organic
Salad Mixes
All Varieties
5 oz

\$3.49
Ea

Essential Everyday
Vanilla Wafers

11 oz



2 For \$3



SLICED TO ORDER
Signature
Pepper
Turkey
Breast

\$5.99
Lb



Russer
Virginia
Baked
Ham

\$5.99
Lb



Plain Grilled
Chicken
Cutlet

\$7.99
Lb



Grab & Go!
Meals | Sides | Snacks
Zesty
Bowtie
Pasta Salad

\$2.99
Lb



Culinary Circle
Soups
All Varieties
22 oz

\$4.99
Ea



Sheila G's
Brownie
Brittle
5 oz

\$3.49
Ea



BelGioioso
Mozzarella
Cheese
Cheese Log or Sliced Log
16 oz

\$5.99
Ea



Castella
Olives
All Varieties
12 oz

2 For \$6

BAKERY TREATS



Café Valley
Ring Cakes
Strawberry, Lemon or
Chocolate • 16 oz

\$3.99
Ea



Reese's or Hershey's
Filled Muffins
7 oz

\$2.49
Ea



Two Bite
Cinnamon Rolls
12 oz

\$2.99
Ea



Stonefire
Naan Bread
Mini or Ancient Grains
7.5 oz

\$1.99
Ea

169-85 137th Rochdale Village Jamaica, NY 11434 718-276-4100 Hours: Monday-Saturday 7AM-10PM Sunday 8AM-9PM • FREE PARKING	148-40 Hillside Ave. Jamaica, NY 11435 718-297-5700 Hours: Monday-Saturday 7AM-10PM Sunday 7AM-9PM	89-30 Sutphin Blvd. Jamaica, NY 11435 718-523-8200 Hours: Monday-Sunday 7AM-10PM
1635 Lexington Ave. New York, NY 10029 212-410-6733 (Located Between 103rd & 104th Street) Hours: Monday-Saturday 7AM-10PM Sunday 8AM-10PM	175-35 Hillside Ave. Jamaica, NY 11432 718-523-1770 Hours: Monday-Saturday 7AM-10PM Sunday 8AM-9PM • FREE PARKING	142-36 Foch Blvd. Jamaica, NY 11436 718-529-8040 Hours: Monday-Saturday 7AM-10PM Sunday 8AM-10PM • FREE PARKING
		1871 Rockaway Parkway (Between Ave. N & Ave. M) Brooklyn, NY 11236 718-531-0205