

Boneless  
Skinless  
**Chicken Breast**  
**1.99**  
Lb

**FAMILY PACK!**

Green Giant  
**Russet Idaho Potatoes**  
5 Lb Bag

**2 for \$3**

Washington State  
**Red Delicious Apples**

**99¢**  
Lb

Fresh Whole  
**Pork Shoulder Picnic**  
**99¢**  
Lb

Thank you for being our  
**10**  
ANNIVERSARY  
Loyal Customer for the last 10 years!  
SPECIALS

USDA Choice • First Cut  
Thick • Bone-In  
**Beef Chuck Steak**  
**2.99**  
Lb

Fresh Express  
Romaine Hearts  
3 Pk  
**1.99**

California  
**Iceberg Lettuce**  
**99¢**  
Ea

Cookin' Good  
**Chicken Wingettes**  
Frozen 5 lb Bag

**7.77**  
Ea  
The Greatest "deal" of the Year

Large  
**Slicing Tomatoes**  
**1.29**  
Lb

Dietz & Watson  
**Turkey Breast**  
Gourmet Lite or Oven Classic  
Sliced to Order  
**7.99**  
Lb

Land O Lakes  
White or Yellow  
**American Cheese**  
Sliced to Order  
**5.99**  
Lb

Dietz & Watson  
**Chicken Breast**  
Grilled or Buffalo  
Sliced to Order  
**7.99**  
Lb

Hormel  
**Virginia or Honey Ham**  
Sliced to Order  
**5.99**  
Lb

Simply Orange  
Juice or Grapefruit Juice  
All Varieties  
59 oz  
**2 for \$5**

**INCREDBLE PRICES!**  
Tropicana  
Punch  
All Varieties  
59 oz  
**5 for \$5**

Wesson Oil  
Corn, Canola or Vegetable  
128 oz  
**5.99**  
LIMIT 3  
ADDITIONAL QUANTITIES  
WILL SCAN AT 6.99

Rico  
50 lb Rice  
White  
**14.99**

Sunny D Drinks  
Tangy Original or Smooth  
64 oz  
**5 for \$5**

Polly-O Mozzarella  
16 oz or Ricotta  
32 oz  
Whole or Part Skim  
**2 for \$6**

Pillsbury  
Flour  
All Varieties  
5 lb  
**1.99**

Domino  
Sugar  
4 lb  
**1.99**

Cracker Barrel  
Cheese  
All Varieties  
7-8 oz  
**2 for \$5**

Blue Bunny  
Ice Cream  
All Varieties  
46-48 oz  
**2.88**

Goya Can Beans  
Black, Chick, Red, Pink, or Roman Pinto  
15.5 oz  
Excludes Butter and Cannellini  
**3 for \$2**

Filippo Berio  
Olive Oil  
Pure or Extra Virgin  
101 oz  
**18.99**

Apple & Eve Juice or Fruitables  
All Varieties  
64 oz or 8 Pack • 54 oz  
**3 for \$5**

Thomas' English Muffins 6 Pack  
Original Only  
12 oz  
**Hot Deal!**  
**BUY 1 GET 2 FREE!**

Stroehmann  
Dutch Country Bread  
Whole Wheat or Potato • 22-24 oz  
**1.99**  
Half Price!

Classico  
Pasta Sauce  
All Varieties  
15-24 oz  
**3 for \$5**

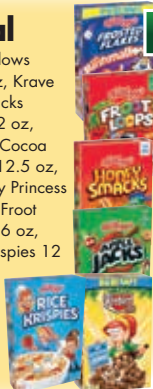


## More Hot Deals in the Grocery Aisle!

### Kellogg's Cereal

Frosted Flakes with Marshmallows 13.6 oz, Krave Choc 11.4 oz, Krave Double Choc 11 oz, Apple Jacks 12.2 oz, Keebler Chip D 11.2 oz, Cinn Frosted Flakes 13.6 oz, Cocoa Krispies 15.5 oz, Corn Pops 12.5 oz, Despicable Me 8.8 oz, Disney Princess 8.8 oz, Froot Loops 12.2 oz, Froot Loops with Marshmallows 12.6 oz, Frosted Flakes 15 oz, Rice Krispies 12 oz, Honey Smacks 15.3 oz

**2<sup>99</sup>**



**4<sup>99</sup>** Coffee-mate Creamer  
Original • 35.3 oz

### Mazola Oil

Corn Plus, Corn, Canola or Vegetable  
40 oz

**2 \$7**



**5 \$5** Kraft BBQ Sauce  
All Varieties  
17.5-18 oz

### Pam Cooking Spray

All Varieties  
5-6 oz

**2 \$5**



### New York Texas Toast Croutons

All Varieties  
5 oz

**5 \$5**



### 4C Bread Crumbs

All Varieties  
8-15 oz

**2 \$3**



### Progresso Vegetable Classics

All Varieties  
18.5-19 oz

**3 \$5**



### Kikkoman Sauce

All Varieties  
10-12.1 oz

**1 79**



### A.1. Dry Rub

Peppercorn, Garlic Herb, Sweet Mesquite BBQ, Bold Original • 4.5 oz

**2 \$4**



### Heinz Ketchup

38 oz

**2 \$6**



### Heinz Mustard

Yellow, Spicy Yellow with Jalapeno or Spicy Brown  
8-14 oz

**2 \$3**



### Idahoan Homestyle Casseroles or Mashed Potatoes

All Varieties • 3-5.11 oz or Cups 1.5 oz

**5 \$5**



### Knorr Rice or Pasta Side Dishes

All Varieties  
3.8-5.7 oz

**5 \$5**



### Dole Fruit & Gel Bowls 4 Pack or Fruitocracy

All Varieties  
12.8-17.2 oz

**2 \$5**



### Nesquik Powder Mix

Chocolate 2.22 lb or Strawberry 1.9 lb

**6 99**



### Swiss Miss Hot Cocoa

Milk Choc, with Marshmallows or Variety  
10 Pack 7.3 oz or Simply Cocoa or Dark Cocoa 8 ct 6.8-7.68 oz

**4 \$5**



### Kellogg's Pop-Tarts

12 Pack  
All Varieties  
20.3-22 oz

**2 \$6**



### Quaker Instant Grits

Variety, Butter or Regular  
12 oz

**2 \$3**



### Quaker Quakes Popped Crispy Mini Rice Cakes

All Varieties • 3-3.52 oz

**5 \$5**



### Crazy Richards Peanut Butter

Creamy or Chunky  
16 oz

**2 \$4**



### Green & Black's Organic Chocolate

3.5 oz

**2 \$6**



### Wild Harvest Organic Granola

All Varieties • 12-13 oz

**2 \$6**



### Bob's Red Mill Chia Seeds

16 oz

**9 99**



### Bob's Red Mill Flaxseed

24 oz

**2 \$7**



### Bonne Maman Fruit Preserves

All Varieties • 13 oz

**3 99**



### Kombucha Wonder Drinks

All Varieties • 14 oz

**2 \$6**



### Rice Select Arborio Risotto Rice

32 oz

**5 99**



### Cardini's Dressing

All Varieties  
12 oz

**2 \$6**



### Cardini's Croutons

All Varieties  
5 oz

**3 \$5**



## Ideal Choices for the Ideal You

**Almond Breeze Almond, Cashew or Vanilla Milk**  
All Varieties  
64 oz

**2 99**

**The Farmer's Hen Large Eggs**  
Free Range 1.5 Dozen or Organic Dozen

**2 99**

**Blue Bonnet Margarine**  
Regular • 45 oz Tub

**2 99**

**Dannon Yogurt 4 Pack**  
Activia, or Light & Fit  
16-24 oz

**2 \$4**

**Philadelphia Cream Cheese**  
Original or Light  
8 oz Bar

**2 \$3**

**Hershey's Pudding**  
All Varieties  
4 Pack • 13.1-15.5 oz

**2 \$4**

**Essential Everyday Shredded Cheese**  
All Varieties  
7-8 oz

**2 \$3**

**Breakstone's Sour Cream**  
Original, Light or Fat Free  
16 oz

**2 \$3**

**Nesquik Milk**  
All Varieties  
14 oz

**4 \$5**

**Reddi Wip Whipped Cream**  
Original, Extra or Fat Free  
6.5 oz

**2 29**

**Essential Everyday Half & Half**  
Regular or Fat Free  
16 oz

**99¢**

**International Delight Creamer**  
Irish Cream, French Vanilla, Amaretto or Hazelnut • 16 oz

**1 99**

**Formula 409 Multi-Surface Cleaner**  
Original or Lemon • 32 oz

**2 \$6**

**Clorox Disinfecting or Glass Wipes**  
All Varieties • 32-35 ct

**2 \$5**

**Hefty Trash or Tall Kitchen Bags**  
All Varieties • 18-80 ct

**5 99**

**Downy Fabric Softener**  
April Fresh  
90 Loads  
77 oz

**6 99**

**Bounce Fabric Softener Sheets**  
All Varieties  
70-80 ct

**3 99**

**Pine-Sol Cleaner**  
Original, Lemon Fresh, Lavender or Sparkling Wave • 24-28 oz

**2 \$4**

**Cascade Complete**  
All Varieties • 75 oz or Action Packs • 17-32 ct

**5 99**

**Dawn Dish Detergent**  
Original or Apple Blossom  
34.2 oz

**3 99**

**Dreft 2X Liquid Detergent**  
Stage 1, 2, Pure Touch or Ultra • 40-53 oz

**8 99**

**Puffs Facial Tissues**  
Basic Family 3 Pack ea. 180 ct 540 ct

**4 99**

**Alka Seltzer**  
24-36 ct

**4 99**

**Friskies Party Mix Cat Treats**  
All Varieties • 2.1 oz

**4 \$5**

**Brown's Dark Oil Sunflower Seeds**  
5 lb

**3 99**

**Alpo Canned Dog Food**  
All Varieties  
13-13.2 oz

**10 \$7**

**Tidy Cats Cat Litter**  
Instant Action  
24/7 • 10 lb

**2 \$4**

**Purina Cat Chow**  
All Varieties • 3.15 lb

**4 99**

**IDEAL EVERYDAY VALUE**  
PRICES GOOD UNTIL 2018

**5 99** Ea

**Green Giant Baby Peeled Carrots**  
16 oz

**99¢**

**Essential Everyday Frozen Vegetables**  
Selected Varieties  
12-16 oz

**99¢**

**Ore-Ida French Fries**  
All Varieties  
14-32 oz

**2 77**

**Chobani Greek Yogurt**  
Selected Varieties  
5.3 oz

**10 \$10**



**88¢** Ideal Giant White Bread  
22 oz

**Premium Crackers**  
All Varieties  
9-16 oz

**1.99** Premium  
Original

**Hostess Multi Pack Snacks**  
All Varieties  
8-15.23 oz

**2.5** For

**Crush or Hawaiian Punch**  
2 Liter  
All Varieties

**4.5** For

**Coca-Cola, Sprite, Dr. Pepper, Fanta or Seagram's**  
10 Pack • 7.5 oz Cans or 6 Pack • 16.9 oz Bottles

**3.10** For

**We have the ideal price for you!**

**Coca-Cola, Sprite or Dr. Pepper**  
2 Liter  
All Varieties

**5.5** For

WITH AN ADDITIONAL \$20 PURCHASE  
LIMIT 1 OFFER  
2 for \$3 FREE SALE

**3.99** Aquafina 24 Pack  
16.9 oz Bottles

**Pepsi, Schweppes, Crush, Mountain Dew, Mist Twist, Brisk, or Hawaiian Punch**  
12 Pack • 12 oz Cans

**3.11** For

**Chips Ahoy! or Oreo Cookies**  
All Varieties  
18-20 oz

**3.99** Family Size

**Tostitos Chips • All Varieties • 9-14 oz or Tostitos Salsa • Excludes Dips • 15.5 oz**

**2.5** For

**Mission Tortilla Chips**  
13 oz or  
**Mission Burrito Flour Tortillas**  
10 inch • 20 oz

**2.5** For

**V8 Splash**  
All Varieties  
16 oz Bottles

**5.5** For

**Snapple**  
12 Pack  
16 oz Bottles

**6.99**

**Canada Dry, 7-Up or Sunkist**  
12 Pack  
12 oz Cans

**3.12** For

**Schweppes Seltzers**  
1 Liter  
All Varieties

**.99**

**BEER CORNER**

**Corona, Modelo or Victoria**  
Cans or Bottles  
12 Pack • 12oz

**14.99**

**Samuel Adams**  
6 Pack Bottles • 12 oz

**8.99**

**Smart Water**  
Regular or Sparkling  
1 Liter

**4.5** For

**Stella Artois**  
18 Pack Bottles  
11.2 oz

**22.99**

**Budweiser**  
18 Pack Cans  
12 oz

**13.99**

**Foods From Around the World**

**Maizena Corn Starch**  
14.1 oz

**.99**

**La Fe Casabe**  
10 oz

**2.3** For

**Abuelita Chocolate**  
6 Tabs • 19 oz

**2.6** For

**Grace Butter Beans**  
14 oz

**5.5** For

**Nescafé Clásico**  
Mild or Instant  
7 oz

**5.99**

**Linstead Market Ackee**  
19 oz

**5.99**

**Zulka Pure Cane Sugar**  
2 lb

**3.5** For

**Jarritos**  
1.5 Liter

**4.5** For

**Klim Powdered Milk**  
3.52 lb

**15.99**

**Goya Tomato Paste**  
28 oz

**1.99**

**Chill Out with Our Frozen Specials**

**Ben & Jerry's Ice Cream**  
16 oz

**2.7** For

**Birds Eye Plain Vegetables**  
Selected Varieties  
13-16 oz Bags  
Including Steamfresh • 10 oz

**4.5** For

**Birds Eye Corn on the Cob**  
12 ct

**3.49**

**Oscar Mayer Turkey Franks**  
16 oz

**2.49**

**Jennie-O Turkey Breakfast Links**  
12 oz

**2.99**

**John Soules Foods**  
Chicken Fajitas, Pulled Chicken, Chicken Breast or Steak Strips • 6-8 oz

**2.6** For

**100% Natural Cooked Perfect Fresh Meatballs**  
Italian, Korean BBQ, Tomato & Garlic or Chicken • 12 oz

**3.99**

**Boston Market Dinners**  
All Varieties  
10.25-15 oz

**2.5** For

**Jimmy Dean Breakfast Bowls**  
All Varieties  
7-9 oz

**2.5** For

**Bertolli Pasta**  
All Varieties  
24-25 oz

**5.99**

**Goya Discos Para Empanadas**  
White or Yellow  
14 oz

**2.3** For

**Weight Watchers Entrees**  
All Varieties  
4.4-10.5 oz

**2.4** For

**Culinary Circle Pizza**  
All Varieties  
12.01-33.5 oz

**3.79**

**SeaPak Shrimp**  
Jumbo Butterfly 9 oz or Popcorn 18 oz

**4.99**

**Dole Whole Strawberries or Sliced Peaches**  
16 oz

**2.5** For

**Hebrew National Beef Franks**  
All Varieties • 11-12 oz

**4.99**

**Sugardale Sliced Genoa or Hard Salami or Sandwich Pepperoni**  
8 oz

**2.49**

**Hormel Fully Cooked Entrees**  
All Varieties • 1.5 oz  
Also Available in Meatloaf in Tomato Sauce • \$4.99

**6.99**

**EJ Farms Fully Cooked Chicken**  
Nuggets, Patties or Strips  
30 oz

**5.99**

**Eggo Waffles, French Toast Sticks or Pancakes**  
All Varieties  
9.7-16.4 oz

**2.5** For

**Furlani Texas Toast**  
All Varieties  
6.75-10 oz

**2.3** For

**Seabrook Creamed Spinach**  
16 oz

**1.99**

**Edy's Ice Cream**  
All Varieties  
48 oz

**3.10** For

**Package Meat**

**Banquet Brown 'N Serve**  
Links or Patties  
6.4 oz  
Except Beef

**4.5** For

**Oscar Mayer Turkey Bacon**  
Regular or Select • 11-12 oz

**2.49**

**John Soules Foods Lightly Breaded Tenders**  
All Varieties • 24 oz

**5.99**

**IDEAL EVERYDAY VALUE**  
PRICES GOOD UNTIL 10/31/13

**Russer Virginia Ham or Dietz & Watson American Cheese**  
Yellow or White

**4.99** Lb

**Duncan Hines Classic Cake Mix**  
All Varieties  
15.25 oz

**4.5** For

**Bumble Bee Chunk Light Tuna**  
5 oz

**5.5** For

**Nutrament Drinks**  
All Flavors  
12 oz

**3.5** For

**Iberia Coconut Water**  
16.9 oz

**5.5** For

**10th Anniversary Specials**

**Carnation Evaporated Milk**  
12 oz  
Original Only

LIMIT 1 OFFER



**10 For \$10**

**Barilla Pasta**  
Assorted Varieties  
12-16 oz  
Excludes Jumbo Shells, Manicotti or Lasagna



**10 For \$10**

**La Yogurt Yogurt**  
All Varieties  
6 oz



**10 For \$4**

**Vintage Seltzer Water**  
All Varieties  
33.8 oz



**10 For \$4**

**Tide 2X Detergent**  
92-100 oz

**Tide Pods**  
32-42 ct

**Gain Flings**  
42 ct



**\$10**

**Bounty Paper Towels**  
Giant Rolls • 8 Pack

**Charmin Bath Tissue**  
Super Mega or Ultra Mega Rolls  
9 Pack



**\$10**



# 10th Anniversary Specials

**Bar S Franks**  
Turkey, Chicken or Meat  
12 oz  
Also available in Beef, 12 oz \$2.49



**99¢**

**Bar S Turkey Bacon**  
12 oz **2 for \$5**  
**Bar S Sliced Bacon**  
12 oz  
**3.49**



**Premio Italian Sausage**  
Links, Patties or Meat Sausage  
16 oz



**2.99**

**Caroline Smoked Sausage**  
Sweet, Hot or Turkey  
40 oz  
Also available in Beef \$8.99



**6.99**

**Buddig Mega Pack Sliced Lunch Meat**  
Ham or Turkey  
22 oz



**4.99**

**Great American Seafood Family Pack Fillets**  
Skinless, Boneless & Individually Vacuum Packed  
**Tilapia** 3 lb Bag  
**Swai** 2.5 lb Bag  
**Wild Cod** 2.5 lb Bag  
**Wild Pacific Salmon** 2 lb Bag  
**Wild Flounder Fillets** 3 lb Bag



**8.99**

**Fresh Meats**  
**Beef Semi-Boneless Standing Rib Roast** **9.99 Lb**  
**Chicken Drums & Thighs** **99¢ Lb**  
**Mutton Meat Cut Up For Stew** **3.49 Lb**

**USDA Choice Thin Cut Beef Brisket** **5.99 Lb**  
**Previously Frozen Scalded Beef Tripe** **2.99 Lb**  
**Sugardale Center Cut Bone-In Ham Steaks** **2.99 Lb**  
**Shady Brook Frozen Turkey Breast** Average 4-7 Lb **1.99 Lb**

**Whole Smoked Pork Shoulder** **1.89 Lb**  
**Perdue Ground Chicken or Patties** 16 oz **3.99 Ea**  
**Jennie-O 85% Lean Ground Turkey or Turkey Patties** Regular or Seasoned • 16 oz **2.99 Ea**  
**USDA Grade A Springer Mt. Farms Whole Fryer Chicken** Boneless Thighs \$2.49/Lb **1.49 Lb** (100% Natural) No Steroids or hormones, no antibiotic, fed all vegetable diet, cage free, 100% Natural, American Humane Certified

**from the SEA**  
**Previously Frozen Wild Caught Flounder Fillet** **6.99 Lb**  
**Previously Frozen Tuna Steaks** **7.99 Lb**  
**Arctic Moon Previously Frozen Tilapia or Basa Fillet** Sodium Tripolyphosphate Free (STPP) **3.49 Lb**  
**Matlaw's New England Style Stuffed Clams** 20 oz **4.99 Ea**  
**Great American Seafood Wild Raw Shrimp** 31/40 ct • 16 oz Bag **7.99 Ea**  
**Great American Seafood Crab Clusters** 1.5 Lb Bag **13.99 Ea**  
**BacalaRico Boneless Salted Pollock Fillets** 12 oz **2.49 Ea**

**Fresh From The Farm**  
**Locally Grown Apples** Ginger Gold, Gala or McIntosh 3 Lb Bag **2 for \$5**  
**Seeded Red Globe Grapes** **1.99 Lb**  
**Yellow, White or Bi-Color Corn** **4 for \$2**  
**All Purpose Yellow Onions** 5 Lb Bag **2 for \$4**  
**Extra Large Honeydew or Seedless Personal Baby Watermelon** **3.99 Ea**  
**Large Juicy Lemons** **3 for \$2**  
**Seedless Juicy Limes** 4 for \$1  
**Fancy Eggplant** **1.49 Lb**  
**Yellow or Orange Peppers** **2.99 Lb**  
**Celery Hearts** 2 Pack **1.49 Ea**  
**Medium Zucchini or Yellow Squash** **1.49 Lb**  
**Sweet Potato Yams** **69¢ Lb**  
**Boniato Batata Roots** **69¢ Lb**  
**Fresh Express Spinach** 8 oz Bag **1.49 Ea**  
**Glory Collard Greens or Kale** 11 Lb Bag **2 for \$5**  
**Zeigler's Apple Cider** All Varieties • 64 oz **2 for \$5**  
**Naked Fresh Juices** All Varieties • 15.2 oz Protein Zone • 15.2 oz, 2 for \$6 **2 for \$5**

**Organic & Natural**  
**Fresh Organic Bosc Pears** **1.99 Lb**  
**Organic Yellow Bananas** **79¢ Lb**  
**Wild Harvest Organic Carrots** 2 lb Bag **1.69 Ea**  
**Organic Grape Tomatoes** Pint **1.99 Ea**  
**Tojo Organic Sliced Mushrooms** 8 oz **1.99 Ea**

**Delicious Sides** Salads • Sides • Snacks  
**Cole Slaw or Macaroni or Potato Salad** **1.99 Lb**  
**Fresh Egg Salad** **5.99 Lb**  
**Fresh Albacore Tuna Salad** **7.99 Lb**  
**Carolina Turkey Pastrami or Turkey Ham** **4.99 Lb**  
**Ready to Eat • Sliced to Order**  
**Dietz & Watson Swiss Cheese** **7.99 Lb**  
**Dietz & Watson Mozzarella Cheese** **5.99 Lb**  
**Hormel Maple Turkey Breast** **5.99 Lb**  
**FUD Queso De Puerco Head Cheese** **5.99 Lb**

**Just Like Homemade Baked Goods**  
**Freshly Baked Loose Kaiser Rolls or Heros** Except Bagels **5 for \$1**  
**Kimberly's Give N Go Cupcakes** 12 Pack Vanilla or Chocolate • 10.5 oz **3.99 Ea**  
**Royal Baking Assorted Cookies** All Varieties • 16 oz **3.99 Ea**  
**Café Valley Specialty Cakes** All Varieties • 26 oz **5.99 Ea**  
**Father's Table 6" Cheesecake** NY Style, Brownie or Strawberry, 16 oz **4.99 Ea**